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# Media Release:

## **Kup of Kindness get much-needed funding boost to expand their vital meal service**

Miles State High School students and their families have been gifted food hampers as part of the Kup of Kindness program, thanks to a \$5,000 donation from Yancoal Australia's Cameby Downs Coal Mine.

Kup of Kindness provides food and meals for the homeless and disadvantaged within the Chinchilla district and surrounding areas. It assists religious organisations, educational institutions, and community groups.

Since 2019, Kup of Kindness has been supporting a breakfast program at Miles State High School, where students can enjoy breakfast before school. Research shows that breakfast is one of the most important meals of the day, particularly for growing children so this program is crucial for their wellbeing and development.

As well as the breakfast program, Kup of Kindness has assisted with providing school uniforms to students who did not own one, helping them feel a greater sense of community and enabling them to focus on their education not their attire.

Ruth Lindsay, Vice President of Kup of Kindness was delighted with the financial assistance.

"Food insecurity is when a person is without reliable access to enough affordable, nutritious, healthy food and it can impact a range of diverse households.

"With an influx of families moving into our town, we recognised the growing need to tackle this problem in our region and are grateful for the funding from Cameby Downs to help address this issue.

"With the funding we can continue to run our vital breakfast program for the students, assist with uniforms and now expand our service by offering food hampers for families in need.

"The hampers will feed a family of four for four days and contain healthy, nutritious food to benefit the mental wellbeing of students and their families as well as snacks and hygiene products.

"We also want to encourage all locals who may have a spare few hours or free day to volunteer their time to help keep this vital community service accessible to the people in need in our community," said Ruth.

Kup of Kindness is a volunteer run, not-for-profit organisation based in Chinchilla. It operates an Op Shop and food trailer, which conducts one soup kitchen and a breakfast program at Chinchilla High School and Chinchilla State School.

David Armstrong, Principal of Miles State High School said, “We had an overwhelming positive response from families in our school about the generous food hampers. Initiatives like this one are exactly what people in our community need right now and we are grateful for the assistance.”

Robert Craike, Operations Manager for Cameby Downs Coal Mine, was proud to continue supporting the Kup of Kindness program.

“We are committed to making a positive difference in the community where we operate so strengthening our support of Kup of Kindness was a perfect fit.

“Programs like this bring positive change and directly affect individuals struggling in our community.

“We are pleased our financial assistance can ensure the breakfast and uniform programs continue for Miles State High School students and look forward to hearing the positive difference the food hampers make on families in our community,” said Robert.

The funding support is part of the Yancoal Cameby Downs Community Support Program, which aims to make a difference in the community and to the lives of the people who work and live in the areas where it operates.

Since 2004, Yancoal has grown to be one of Australia’s largest coal exporters: owning or operating nine producing mines across the country, employing over 4,300 Australians, contributing to the national economy, and investing in regional communities.

For more information or to volunteer at Kup of Kindness please contact [kupofkindnessinc@yahoo.com](mailto:kupofkindnessinc@yahoo.com) or call 0402107040.

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